

Ankle Arthritis National Research Study



What is the purpose of the study?

Physicians do not know the best surgical treatment for ankle arthritis.

This study investigates whether ankle fusion or ankle replacement surgery produces better results for people with ankle arthritis.

WHO QUALIFIES?

You may be able to participate in this study if you:

- have been diagnosed with ankle arthritis
- are planning to have surgery for your ankle arthritis
- are between the ages of 21 and 89
- are able to walk
- are able to speak English

WHAT WILL I DO IF I PARTICIPATE?

You will wear a step monitor for up to 2 weeks before your surgery. The monitor records the number of steps you take each day.

You will also complete surveys about your ankle arthritis and overall health.

You will wear the monitor and complete the surveys 4 more times during the next 2 years.

HOW DO I PARTICIPATE?

It is your decision whether to participate in the study or not. Participation is voluntary.

Talk to your surgeon, Michael Houghton, MD, during an appointment, or call **Amber Curtis, ACNP-C, FNP, at the Orthopaedic & Spine Center of the Rockies (OCR), (970) 493-0112.**

You do not have to make extra trips to OCR to participate. You can do the surveys during one of your appointments, over the phone, or at home.

You will be compensated for your time.



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STUDY PARTICIPATION

Dr. Michael Houghton and OCR are participating in this national study.

Four other hospitals and surgery centers and patients at those facilities are also participating.

STUDY SPONSOR

This study is being administered by the Veterans Administration Health Care System and its Center of Excellence for Limb Loss Prevention & Prosthetic Engineering at 1660 S. Columbian Way in Seattle, WA 98108

The VA is overseeing this study at 5 hospitals/ surgery centers in the U.S., including OCR.

Funding is provided by the National Institutes of Health.



VA Puget Sound
Health Care System



FOR MORE INFORMATION:

Contact Amber Curtis, ACNP-C, FNP, with
Dr. Houghton at OCR:

(970) 493-0112

info@orthohealth.com

You can read more about the study on the VA's web site. Go to Dr. Houghton's web page to find the link to the VA's web site:

www.orthohealth.com > Our Physicians



Michael Houghton, MD

Athletic & Reconstructive
Surgery of the Foot & Ankle

Dr. Houghton has practiced as a member of the Orthopaedic & Spine Center of the Rockies since 1997. He specializes in the orthopaedic care of the foot and ankle.

OCR'S OFFICE LOCATIONS

FORT COLLINS: 2500 East Prospect Road • Fort Collins, Colorado 80525

LOVELAND: 3470 East 15th Street • Loveland, Colorado 80538

SCHEDULE AN APPOINTMENT: 970-493-0112 • 800-722-7441