sports medicine and concussion center

Taking Care of Athletes of All Ages, from Recreational to Professional

ORTHOPAEDIC & SPINE CENTER OF THE ROCKIES
Specialists in the medicine of motion

www.orthohealth.com
EXPERIENCED SPORTS MEDICINE PROFESSIONALS

- Orthopaedic sports medicine surgeons
- Primary care sports medicine physicians
- Sports neuropsychologist
- Certified athletic trainers
- Physical and Occupational Therapists

Our team of sports medicine professionals has taken care of thousands of competitive and recreational athletes from the Rocky Mountain region, across the country, and even around the world. We have experience treating competitors at all levels—youth to pros!

Sports Medicine Team

WE TAKE CARE OF ATHLETES OF ALL AGES, FROM YOUTH TO ADULTS AND SENIORS!

SPECIALIZED CARE FOR ATHLETES

OCR’s doctors provide highly specialized care for athletic injuries, including:
- Knees
- Shoulders
- Hands-Arms
- Concussions
- And many other, often complex injuries

Locally, our physicians and athletic trainers work with Colorado State University, Colorado Eagles hockey, Colorado Crush arena football, dozens of rodeo events, and a large number of school and club sports.

The official Sports Medicine Team Physicians for Colorado State University Athletics.
SPORTS MEDICINE AND CONCUSSION SERVICES

ROCCI TRUMPER, MD
Fort Collins
Knee Disorders,
Sports Medicine

DALE MARTIN, MD
Fort Collins | Loveland | Greeley
Knee and Shoulder Disorders,
Sports Medicine

SEAN GREY, MD
Fort Collins
Shoulder Disorders,
Sports Medicine

RYAN HARTMAN, MD
Fort Collins | Loveland
Knee and Shoulder Disorders, Sports Medicine,
Pediatric Orthopaedics

JOSHUA SNYDER, MD
Fort Collins | Loveland | Greeley
Hip Arthroscopy, Knee and Shoulder Disorders,
Sports Medicine

STEPHEN YEMM, MD
Fort Collins
Primary Care Sports Medicine

THOMAS SACHTLEBEN, MD
Fort Collins | Loveland | CSU Health Center
Primary Care Sports Medicine

ALISSA WICKLUND, PHD
Fort Collins | Loveland
Sports Concussions, Neuropsychology

THOMAS ANDERSON, DO
Fort Collins | Loveland
Primary Care Sports Medicine

KURT DALLOW, MD
Greeley
Primary Care Sports Medicine

VINCENT “SKIP” ROSS, MD
Fort Collins
Primary Care Sports Medicine
OCR’S REGIONAL CONCUSSION CENTER

Alissa Wicklund, PhD, our concussion specialist, plays the central role in evaluating and treating athletes with concussions.

Dr. Wicklund is a board-certified neuropsychologist specializing in the assessment of a concussion.

Her patients include athletes with acute and lingering symptoms following a concussion, as well as those who have suffered multiple concussions during their lifetime.

CONCUSSIONS ARE A TREATABLE INJURY

Our Regional Concussion Center features:

- Multi-disciplinary team of concussion and sports medicine professionals
- Comprehensive evaluation of athletes’ symptoms, thinking abilities, mood, and behavior
- Neurocognitive screening tools include ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing)
- Vestibular and ocular screening and on-site Physical Therapy and Vestibular Therapy
- Active rehabilitation and targeted treatment
- Individualized plan for return to learn and return to play for each athlete
- Communication with coaches, parents, schools and employers to facilitate recovery
- Baseline testing for individual athletes or entire clubs

Early intervention and a well-managed treatment plan provide the best recovery.
CONCUSSION SYMPTOMS

Symptoms can be subtle and may include:

Physical
Loss of consciousness, headache, loss of balance, dizziness, fatigue, blurred vision, light and sound sensitivity, nausea, and vomiting

Cognitive
Confusion and difficulty with attention, concentration, and memory

Behavioral
Feelings of irritability, depression, anxiety, strong emotions, lethargy, fatigue, and sleep disruption

OCR’s Concussion Center provides athletes, parents, coaches, and schools with valuable information about symptoms following a concussion.
We can help your team establish a state-of-the-art sports medicine program for your athletes!

ATHLETIC TRAINERS (AT)

Our athletic trainers cover sports events, evaluate injuries, and provide education. They are supported by our dedicated sports medicine physicians to expedite care and treatment for our community.

FRONT LINE EVENT COVERAGE

Locally
- Middle schools
- High schools
- Club sports
- Professional sports
- OCR Physical Therapy Clinics

Regionally and Globally
- College and pro rodeo events
- USA Wrestling international tournaments
- Pan-American Games
- Olympic Games

Education
- Pre-season baseline (ImPACT) concussion testing
- Pre-participation screening
- Injury evaluation and education
- Coaches Training Day workshop
MARK MCFERRAN, MD
Hip & Knee Joint Replacement, Trauma-Fracture Surgery

ROCCO TRUMPER, MD
Sports Medicine, Knee Disorders, Knee Replacement

DALE MARTIN, MD
Sports Medicine, Knee Replacement, Knee & Shoulder Disorders

KIRK KINDSFATER, MD
Hip & Knee Joint Replacement

MICHAEL HOUGHTON, MD
Athletic & Reconstructive Surgery of Foot-Ankle, Ankle Replacement

SEAN GREY, MD
Sports Medicine, Shoulder Disorders, Shoulder Replacement

MARK DURBIN, MD
Hand-Upper Extremity Surgery

ROBERT BAER, MD
Trauma-Fracture Surgery

WILLIAM BIGGS, MD
Spine Disorders, Spine Surgery, Pediatric Spine

WESLEY JACKSON, MD
Athletic & Reconstructive Surgery of Foot-Ankle, Ankle Replacement

MICHAEL RUSNAK, MD
Trauma-Fracture Surgery

DANA CLARK, MD
Hip & Knee Joint Replacement

STEVEN SEILER, MD
Hand-Upper Extremity Surgery

RYAN HARTMAN, MD
Sports Medicine, Knee & Shoulder Disorders, Pediatric Orthopaedics

BRET PETERSON, MD
Hand-Upper Extremity Surgery

JOSHUA SNYDER, MD
Hip Arthroscopy, Sports Medicine, Knee & Shoulder Disorders

RILEY HALE, MD
Trauma-Fracture Surgery, Hip & Knee Joint Replacement

NATHAN HUNT, DPM
Podiatry Medicine & Surgery, Diabetic Foot & Wound Care

EMILY WASKO, DPM
Podiatry Medicine & Surgery, Diabetic Foot & Wound Care

STEPHEN YEMM, MD
Sports Medicine, Non-Surgical Orthopaedics

THOMAS SACHELLEBEN, MD
Sports Medicine, Non-Surgical Orthopaedics

The OCR Doctors

VINCENT “SKIP” ROSS, MD
Sports Medicine, Non-Surgical Orthopaedics

THOMAS ANDERSON, DO
Sports Medicine, Non-Surgical Orthopaedics

KURT DALLOW, MD
Sports Medicine, Non-Surgical Orthopaedics

ALISSA WICKLUND, PhD
Sports Concussions, Neuropsychology

RAY VAN DEN HOVEN, MD
Electrodiagnostic Medicine
Why Choose OCR?

- Comprehensive, highly specialized physician care
- Serving athletes in a three-state region – and beyond
- Surgeons specializing in each area of orthopaedics
- Experience – founded 1969
- All major orthopaedic specialties
- Doctors with board certification and specialized, fellowship training

SPORTS MEDICINE AND CONCUSSION HOTLINE

970-419-7177

OUR CONTACTS

Sports Medicine Hotline: 970-419-7177
Appointments: 970-419-7050
Main Number: 970-493-0112
Sports Medicine Email: OCRSports@orthohealth.com
General Email: info@orthohealth.com

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Fort Collins, CO 80525
970-493-0112
Located 2 miles west of I-25 on Prospect Road

3470 E. 15th St.
Loveland, CO 80538
970-663-3975
Located 2 miles west of I-25 on US 34 (Eisenhower Blvd)

1900 16th St., 3rd Floor
Greeley, CO 80631
970-573-3224
Located 1.5 miles west of US 85 and 16th St

www.orthohealth.com

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