



sports medicine and concussion center

Taking Care of Athletes of All Ages, from Recreational to Professional



ORTHOPAEDIC & SPINE CENTER OF THE ROCKIES

Specialists in the medicine of motion

www.orthohealth.com



EXPERIENCED SPORTS MEDICINE PROFESSIONALS

- Orthopaedic sports medicine surgeons
- Primary care sports medicine physicians
- Sports neuropsychologist
- Certified athletic trainers
- Physical and Occupational Therapists

Our team of sports medicine professionals has taken care of thousands of competitive and recreational athletes from the Rocky Mountain region, across the country, and even around the world. We have experience treating competitors at all levels—youth to pros!

Sports Medicine Team



We take care of athletes
of all ages, from youth
to adults and seniors!

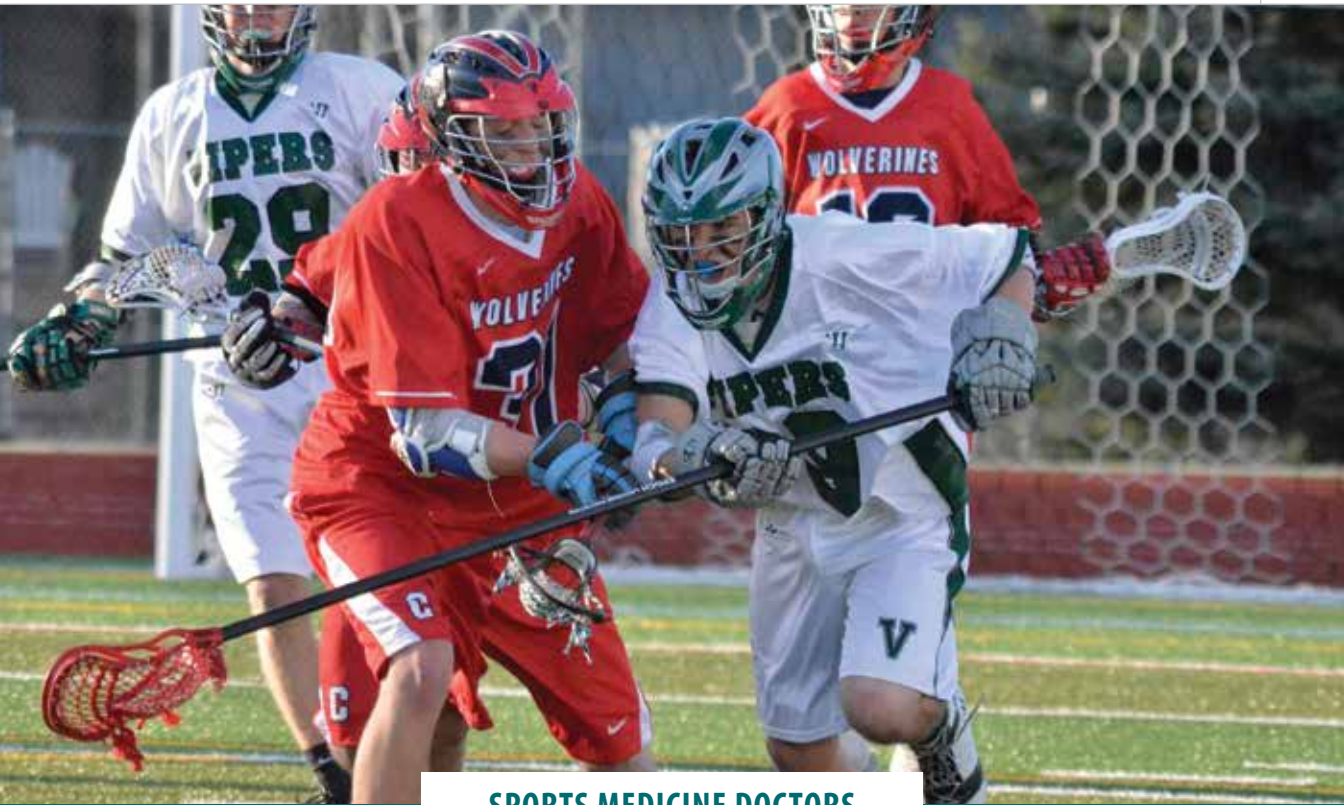
SPECIALIZED CARE FOR ATHLETES

OCR's doctors provide highly specialized care for athletic injuries, including:

- Knees
- Shoulders
- Hands-Arms
- Concussions
- And many other, often complex injuries

Locally, our physicians and athletic trainers work with Colorado State University, Colorado Eagles hockey, Colorado Crush arena football, dozens of rodeo events, and a large number of school and club sports.

The official Sports Medicine Team Physicians
for Colorado State University Athletics.



SPORTS MEDICINE DOCTORS

ROCCI TRUMPER, MD

Fort Collins
Knee Disorders,
Sports Medicine

DALE MARTIN, MD

Fort Collins | Loveland |
Greeley
Knee and Shoulder Disorders,
Sports Medicine

SEAN GREY, MD

Fort Collins
Shoulder Disorders,
Sports Medicine

RYAN HARTMAN, MD

Fort Collins | Loveland
Knee and Shoulder
Disorders, Sports Medicine,
Pediatric Orthopaedics

JOSHUA SNYDER, MD

Fort Collins | Loveland |
Greeley
Hip Arthroscopy, Knee
and Shoulder Disorders,
Sports Medicine

STEPHEN YEMM, MD

Fort Collins
Primary Care Sports Medicine

THOMAS SACHTLEBEN, MD

Fort Collins | Loveland |
CSU Health Center
Primary Care Sports Medicine

VINCENT "SKIP" ROSS, MD

Fort Collins
Primary Care Sports Medicine

THOMAS ANDERSON, DO

Fort Collins | Loveland
Primary Care Sports Medicine

KURT DALLOW, MD

Greeley
Primary Care Sports Medicine

ALISSA WICKLUND, PHD

Fort Collins | Loveland
Sports Concussions,
Neuropsychology

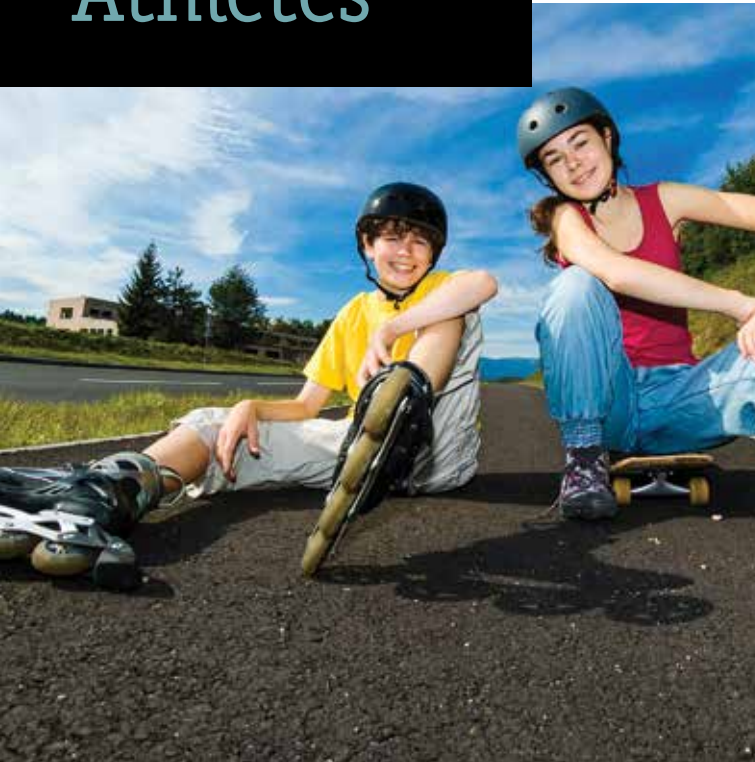
OCR'S REGIONAL CONCUSSION CENTER

Alissa Wicklund, PhD, our concussion specialist, plays the central role in evaluating and treating athletes with concussions.

Dr. Wicklund is a board-certified neuropsychologist specializing in the assessment of a concussion.

Her patients include athletes with acute and lingering symptoms following a concussion, as well as those who have suffered multiple concussions during their lifetime.

Concussion Care for Athletes



CONCUSSIONS ARE A TREATABLE INJURY

Our Regional Concussion Center features:

- Multi-disciplinary team of concussion and sports medicine professionals
- Comprehensive evaluation of athletes' symptoms, thinking abilities, mood, and behavior
- Neurocognitive screening tools include ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing)
- Vestibular and ocular screening and on-site Physical Therapy and Vestibular Therapy
- Active rehabilitation and targeted treatment
- Individualized plan for return to learn and return to play for each athlete
- Communication with coaches, parents, schools and employers to facilitate recovery
- Baseline testing for individual athletes or entire clubs

Early intervention and a well-managed treatment plan provide the best recovery.



OCR's Concussion Center provides athletes, parents, coaches, and schools with valuable information about symptoms following a concussion.



CONCUSSION SYMPTOMS

Symptoms can be subtle and may include:

Physical

Loss of consciousness, headache, loss of balance, dizziness, fatigue, blurred vision, light and sound sensitivity, nausea, and vomiting

Cognitive

Confusion and difficulty with attention, concentration, and memory

Behavioral

Feelings of irritability, depression, anxiety, strong emotions, lethargy, fatigue, and sleep disruption





Sports Medicine Outreach

ATHLETIC TRAINERS (AT)

Our athletic trainers cover sports events, evaluate injuries, and provide education.

They are supported by our dedicated sports medicine physicians to expedite care and treatment for our community.

FRONT LINE EVENT COVERAGE

Locally

- Middle schools
- High schools
- Club sports
- Professional sports
- OCR Physical Therapy Clinics

Education

- Pre-season baseline (ImPACT) concussion testing
- Pre-participation screening
- Injury evaluation and education
- Coaches Training Day workshop

Regionally and Globally

- College and pro rodeo events
- USA Wrestling international tournaments
- Pan-American Games
- Olympic Games

We can help your team establish a state-of-the-art sports medicine program for your athletes!

MARK MCFERRAN, MD
Hip & Knee Joint
Replacement, Trauma-
Fracture Surgery

ROCCI TRUMPER, MD
Sports Medicine, Knee
Disorders, Knee Replacement

DALE MARTIN, MD
Sports Medicine, Knee
Replacement, Knee &
Shoulder Disorders

KIRK KINDSFATER, MD
Hip & Knee Joint
Replacement

MICHAEL HOUGHTON, MD
Athletic & Reconstructive
Surgery of Foot-Ankle,
Ankle Replacement

SEAN GREY, MD
Sports Medicine,
Shoulder Disorders,
Shoulder Replacement

MARK DURBIN, MD
Hand-Upper Extremity
Surgery

ROBERT BENZ, MD
Spine Disorders,
Spine Surgery

DAVID BEARD, MD
Sports Medicine, Knee
& Shoulder Disorders,
Joint Replacement

SATORU CHAMBERLAIN, MD
Hand-Upper Extremity
Surgery

ROBERT BAER, MD
Trauma-Fracture Surgery

WILLIAM BIGGS, MD
Spine Disorders, Spine
Surgery, Pediatric Spine

WESLEY JACKSON, MD
Athletic & Reconstructive
Surgery of Foot-Ankle,
Ankle Replacement

MICHAEL RUSNAK, MD
Trauma-Fracture Surgery

DANA CLARK, MD
Hip & Knee Joint
Replacement

STEVEN SEILER, MD
Hand-Upper Extremity
Surgery

RYAN HARTMAN, MD
Sports Medicine, Knee
& Shoulder Disorders,
Pediatric Orthopaedics

BRET PETERSON, MD
Hand-Upper Extremity
Surgery

JOSHUA SNYDER, MD
Hip Arthroscopy,
Sports Medicine, Knee &
Shoulder Disorders

RILEY HALE, MD
Trauma-Fracture Surgery, Hip
& Knee Joint Replacement

NATHAN HUNT, DPM
Podiatry Medicine & Surgery,
Diabetic Foot & Wound Care

EMILY WASKO, DPM
Podiatry Medicine & Surgery,
Diabetic Foot & Wound Care

STEPHEN YEMM, MD
Sports Medicine, Non-Surgical
Orthopaedics

THOMAS SACHTLEBEN, MD
Sports Medicine, Non-Surgical
Orthopaedics

The OCR Doctors

VINCENT "SKIP" ROSS, MD
Sports Medicine, Non-Surgical
Orthopaedics

THOMAS ANDERSON, DO
Sports Medicine, Non-Surgical
Orthopaedics

KURT DALLOW, MD
Sports Medicine, Non-Surgical
Orthopaedics

ALISSA WICKLUND, PhD
Sports Concussions,
Neuropsychology

RAY VAN DEN HOVEN, MD
Electrodiagnostic Medicine

Why Choose OCR?

SPORTS MEDICINE AND
CONCUSSION HOTLINE

970-419-7177

- Comprehensive, highly specialized physician care
- Serving athletes in a three-state region – and beyond
- Surgeons specializing in each area of orthopaedics
- Experience – founded 1969
- All major orthopaedic specialties
- Doctors with board certification and specialized, fellowship training

OUR CONTACTS

Sports Medicine Hotline: 970-419-7177

Appointments: 970-419-7050

Main Number: 970-493-0112

Sports Medicine Email: OCRSports@orthohealth.com

General Email: info@orthohealth.com

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2500 E. Prospect Rd.
Fort Collins, CO 80525
970-493-0112

*Located 2 miles west
of I-25 on Prospect Road*

3470 E. 15th St.
Loveland, CO 80538
970-663-3975

*Located 2 miles west of I-25
on US 34 (Eisenhower Blvd)*

1900 16th St., 3rd Floor
Greeley, CO 80631
970-573-3224

*Located 1.5 miles west
of US 85 and 16th St*

www.orthohealth.com

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