

2018

Orthopaedics Symposium



Please Join Us

*Information for Physicians, Mid-Level Providers,
Therapists, RNs, ATs, Chiropractors, & RTRs*

Saturday, April 28, 2018

**Embassy Suites Hotel &
Conference Center**

Loveland, CO

**CME credits for the conference provided by The University of Tennessee
College of Medicine and the OrthoForum. Details inside.**

AAFP – determination of credit pending.

CONFERENCE JOINTLY SPONSORED BY:

ORTHOPAEDIC
& SPINE CENTER
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THE UNIVERSITY OF TENNESSEE **UT**
GRADUATE SCHOOL OF MEDICINE

 **TheOrthoForum**
Benchmarking Networking Innovation

2018

Orthopaedics Symposium



*Information on orthopaedic topics for
Primary Care, Occ Med, and ER
Physicians, and Mid-Level Providers*

**The conference is also designed for PT,
OT, AT, RN, DC, and RTR professionals.**

**Presented by the Physicians of the
Orthopaedic & Spine Center of the
Rockies**

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the University of Tennessee College of Medicine and the OrthoForum. The University of Tennessee College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.



7:00 a.m. to 2:30 p.m.

Saturday, April 28, 2018

**Embassy Suites Hotel &
Conference Center**

4705 Clydesdale Parkway
Loveland, CO 80538

(At I-25 exit for Crossroads Blvd)

Colorado Eagles photo used with permission. By Standout Imagery. Colorado State University photo used with permission of CSU and Elin Gustavsson. By Don Reichert.



Overview

The symposium will focus on orthopaedic issues that may be seen by many primary care, occupational medicine, ER physicians, and PA's and NP's, as well as chiropractors, therapists, RN's, AT's, and RTR's.

Participants will review information relevant to orthopaedic diseases and treatments, and be able to apply new knowledge and skills. Symposium objectives will be provided in the conference materials. The presenters from OCR have board certification and fellowship training in their subspecialties.

Certificates

AAFP

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

AMA

The University of Tennessee College of Medicine designates this live activity for a maximum of 5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PA's, NP's and Nurses

Physician Assistants, Nurse Practitioners and Nurses may use these credit hours toward certification renewal. This credit is acceptable by American Academy of Physician's Assistants (AAPA), American Nurses Credentialing Center (ANCC), and American Academy of Nurse Practitioners (AANP).

PT's, OT's, Chiropractors

General credit certificates are provided by UTCOM, as has been done at previous conferences.

RTR's

We anticipate applying to ASRT for credits.

AT's

General credits and certificates are available from our CME provider, UTCOM.

Symposium Schedule with Topics & Presenters

Saturday, April 28, 2018

Embassy Suites Hotel & Conference Center,
4705 Clydesdale Parkway, Loveland, CO

7:00 a.m. to 8:00 a.m.

Check-in & Breakfast

8:00 a.m.

General Session Part 1

Welcome

Biologics and the Knee

Rocci V. Trumper, MD

Orthopaedic Surgeon, Sports Medicine

There's Nothing Funny About A Humerus Fracture

Robert M. Baer, MD

Orthopaedic Surgeon, Trauma-Fractures

**Common Questions and Misconceptions Regarding
Ankle Sprains**

Michael J. Houghton, MD

Orthopaedic Surgeon, Foot-Ankle

**How Not to Miss the Easily Missed: Hand and Wrist
Pathology Recognition and Management**

Bret C. Peterson, MD

Orthopaedic Surgeon, Hand-Upper Extremity

10:00 a.m. to 10:30 a.m.

Morning Break

10:30 a.m. to 12:30 p.m.

General Session Part 2

Lateral Elbow Arthralgia

Satoru T. Chamberlain, MD

Orthopaedic Surgeon, Hand-Upper Extremity

Diabetic Foot Screening Exam

Nathan A. Hunt, DPM

Podiatric Medicine & Surgery

Concussion in Sports

Alissa H. Wicklund, PhD

Neuropsychology, Concussions

A Hip Baby: A Review of Hip Dysplasia

Ryan L. Hartman, MD

Orthopaedic Surgeon, Pediatric Ortho

Symposium Schedule *continued*

12:30 p.m. to 1:30 p.m.

Lunch

1:30 p.m. to 2:30 p.m.

Breakout Sessions*

**The breakouts will be 30 minutes long, and repeated, allowing guests to attend two.*

Pre-Op Joint Optimization

Riley W. Hale, MD

Orthopaedic Surgeon, Hip Replacement, Trauma-Fractures

Approach to the Patient with Knee Pain

C. Dana Clark, MD

Orthopaedic Surgeon, Joint Replacement

Physical Exam of the Foot and Ankle

Wesley P. Jackson, MD

Orthopaedic Surgeon, Foot-Ankle

Hands-On Thumb Spica and Sugar-Tong Splinting**

Ben Giltanin

Orthopaedic Technician

***Limit of 15 guests for each of the two splinting sessions*

2:30 p.m.

Symposium Concludes

Certificate and Credit Process

CME and general certificates of attendance will be available from the University of Tennessee College of Medicine following the conference.

If you need credits for the conference from UTCOM, you will verify your name, credential, and email address at check-in the day of the event. This will be done at the credits table.

UTCOM will email you after the conference, regarding conference evaluation and certificate. Your certificate will be available online.

Conference Presenters

Rocci V. Trumper, MD

Orthopaedic Surgeon, Sports Medicine

Rocci Trumper specializes in operative sports medicine and disorders of the knee (including knee replacement). Dr. Trumper earned his medical degree at the University of South Dakota. He completed residency at State University of New York, Syracuse, and sports medicine fellowship at Methodist Sports Medicine Center, Indianapolis. He is one of OCR's team physicians for Colorado State University. He has been a member of OCR since 1995.

Alissa Wicklund, PhD

Neuropsychologist, Sports Concussions

Alissa Wicklund's specialty is neuropsychology, focusing on diagnosis and treatment of sports concussions. She earned her doctorate in psychology at Northwestern University's Feinberg School of Medicine. Dr. Wicklund completed a two-year program as a fellow in neuropsychology at Northwestern. Dr. Wicklund serves as concussion specialist for CSU, the Avalanche, the Rapids, and the Broncos. She joined OCR in 2014 after eight years in private practice in Chicago.

Wesley P. Jackson, MD

Orthopaedic Surgeon, Athletic-Reconstructive Surgery of Foot and Ankle

Wes Jackson specializes in athletic and reconstructive surgery of the foot and ankle, including ankle replacement surgery. He completed medical school at Northwestern University, residency at Henry Ford Hospital, and foot-ankle fellowship at University of Texas/Houston-Baylor. Dr. Jackson joined OCR in 2006.

Robert M. Baer, MD

Orthopaedic Surgeon, Trauma-Fractures

Rob Baer specializes in trauma and fracture surgery. Dr. Baer earned his M.D. at St. Louis University. He completed residency at Henry Ford Hospital in Detroit, and an orthopaedic trauma fellowship at Panorama Orthopedics/St. Anthony's Central in Denver. Dr. Baer has been a member of OCR since 2006.

Conference Presenters *continued*

Riley W. Hale, MD

Orthopaedic Surgeon, Hip Replacement and Trauma-Fractures

Riley Hale specializes in anterior hip replacement and trauma-fracture surgery. He joined OCR in 2016 after five years of practice with a health system in northern Colorado. Dr. Hale completed medical school at the University of Nevada, residency at the Mayo Clinic, and a fellowship in orthopaedic trauma at Florida Orthopaedic Institute-Tampa General Hospital.

Michael J. Houghton, MD

Orthopaedic Surgeon, Athletic-Reconstructive Surgery of Foot and Ankle

Mike Houghton specializes in athletic and reconstructive surgery of the foot and ankle, including ankle replacement surgery. He completed medical school at the University of Colorado, residency at the University of Wisconsin Hospital, and foot-ankle fellowship at Harborview Medical Center, Seattle. Dr. Houghton is active in national research projects. He has been a member of OCR since 1997.

C. Dana Clark, MD

Orthopaedic Surgeon, Hip-Knee Replacements

Dana Clark specializes in joint replacement surgery (anterior hip and knee). Dr. Clark joined OCR in 2009. He earned his M.D. at the University of New Mexico. Dr. Clark completed his residency at the University of South Carolina/Greenville Hospital System, and fellowship in joint replacement at the University of Utah.

Bret C. Peterson, MD

Orthopaedic Surgeon, Hand and Upper Extremity

Bret Peterson specializes in surgery of the hand and upper extremity. He earned his medical degree from the University of Colorado. Dr. Peterson completed his residency at Duke University and hand-upper extremity fellowship at the University of Washington. He joined OCR in 2013. He is a native of Fort Collins and graduate of Rocky Mountain High School.

Conference Presenters *continued*

Satoru T. Chamberlain, MD

Orthopaedic Surgeon, Hand and Upper Extremity

Satoru Chamberlain specializes in surgery of the hand and upper extremity. Dr. Chamberlain joined OCR in 2002. He completed medical school at the University of Queensland, Australia, and residency at several Australian and British hospitals, including the Greenslopes Private Hospital. Dr. Chamberlain completed a fellowship at Pulvertaft Hand Centre in Derby, U.K.

Ryan L. Hartman, MD

Orthopaedic Surgeon, Pediatric Orthopaedics and Sports Medicine

Ryan Hartman joined OCR in 2011 as a specialist in pediatric orthopaedics and operative sports medicine. He completed his medical degree at the University of Colorado, residency at Vanderbilt University, and fellowship in pediatric orthopaedics at Children's Hospital, Aurora. Dr. Hartman also did a sports medicine fellowship at Cincinnati Sports Medicine Center. He is a graduate of Fort Collins High School.

Nathan A. Hunt, DPM

Podiatry, Diabetic Foot and Wound Care

Nathan Hunt joined OCR in 2010 as a specialist in podiatric medicine and diabetic foot and wound care. Dr. Hunt completed podiatry school at Scholl College and residency at Loyola University Medical Center/Edward Hines Jr. Veterans Affairs Hospital. He did a two-year fellowship in diabetic foot-wound care at Texas A&M Medical School/Scott & White Hospital. He is a native of Fort Collins.

Ben Giltinan

OCR Orthopaedic Technician

A long-time employee of OCR, Ben has spent many years taking care of patients in our cast room and providing them with both basic and custom cast-splint-brace services. He regularly instructs on splinting and casting techniques. During his OCR career, Ben has also served as purchasing manager. His current position is DME Manager.

Additional Information & Questions

Orthopaedic & Spine Center
of the Rockies
(970) 419-7140
info@orthohealth.com
www.orthohealth.com

Share with Others

Please share with a colleague if we did not reach all the physicians or practitioners in your office. Thank you!

Hotel Room Reservations

Embassy Suites has a rate of \$125 plus tax for Friday, April 27, as hotel space allows. Use this link: <http://embassysuites.hilton.com/en/es/groups/personalized/F/FNLESES-OSC-20180427/index.jhtml>

Rooms, rate available until March 28.

Other nearby hotels have discounts for OCR guests. See details at: <http://www.orthohealth.com/patient-information/patient-information>

Conference Support

The following are gratefully acknowledged for their support of the conference:

- Breg, Inc.
- Columbine Health Systems
- Conmed-Linvatec
- Medcom
- Philips Healthcare
- UCHealth



For Our Out of Town Guests

We hope you enjoy your visit to Loveland-Fort Collins!
Check sights to see, things to do at:

<http://visitlovelandco.org/Pages/VisitorCenter.php>

<http://www.visitftcollins.com/>

Registration

Please register by Friday, April 20.

Register online:

Go to www.orthohealth.com/symposium, click on the registration page, and pay by credit card.

Register by Mail:

Complete the form and mail with your check to:

Symposium

Orthopaedic & Spine Center of the Rockies

2500 E. Prospect Road

Fort Collins, CO 80525

Payment Information

- Registration is \$50/person
 - Registration is \$40/person for groups of 5 or more from same office/health system
 - If paying by check, make payable to "OCR," include with your form, and mail to address above.
 - Your payment covers your credits, course materials, breakfast, refreshments, and lunch.
 - Thank you! Your payment will help defray part of the cost of the conference.
-

Cancellations

If you need to cancel, please contact OCR at (970) 419-7140 or info@orthohealth.com by 5 p.m., Monday, April 23. Your course fee will be refunded.

Please note that in certain circumstances, such as weather, OCR may have to cancel the symposium, in which case your fee will be refunded.



2018 Orthopaedics Symposium

Registration

ONLINE: Pay by credit card for individuals or groups:

Go to www.orthohealth.com/symposium and click on the registration page

Note: The email you provide for your registration will be used post-conference to send you the evaluation and credit information. Your email must be unique to you, not a shared email.

BY MAIL:

PLEASE PRINT.

Last Name _____

First Name _____

Credential (MD, DO, PA, etc) _____

Specialty _____

Office/Health System _____

Mailing Address _____

City/Town _____ State _____

Zip _____

Office Phone _____

Email _____

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Reserve Your Seat!

2018 Orthopaedics Symposium

Saturday, April 28, 2018

**Embassy Suites Hotel
Loveland, CO**

CME Credits

Approved for 5 AMA credit hours
AAFP approval is pending