



#### **PLEASE JOIN US**

Information for Physicians, Mid-Level Providers,
Therapists, RNs, ATs, Chiropractors, & RTRs

# Orthopaedics Symposium Saturday, April 29, 2023 Embassy Suites, Loveland, CO

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through a providership with the University of Tennessee College of Medicine.

CONFERENCE JOINTLY SPONSORED BY:





# Information on orthopaedic topics for Primary Care, Occupational Medicine, ER Physicians, and Mid-Level Providers

The conference is also designed for PT, OT, AT, RN, DC, and RTR professionals.

Presented by the Physicians of the Orthopaedic & Spine Center of the Rockies

#### Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the University of Tennessee College of Medicine and the Orthopaedic & Spine Center of the Rockies . The University of Tennessee College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

7:00 a.m. to 2:30 p.m.

Saturday, April 29, 2023

#### **Embassy Suites**

4705 Clydesdale Pkwy, Loveland, CO

## **OVERVIEW**

The symposium will focus on orthopaedic issues that may be seen by many primary care, occupational medicine, and ER physicians; PAs and NPs; as well as chiropractors, therapists, RNs, ATs, and RTRs.

Participants will review information relevant to orthopaedic diseases and treatments, and be able to apply new knowledge and skills. Symposium objectives will be provided in the conference materials. The presenters from OCR have board certification and fellowship training in their subspecialties.

#### Certificates

#### AAFP

This live activity, 2023 Orthopaedics Symposium, with a beginning date of 04/30/2023, has been reviewed and is acceptable for up to 5.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### AMA

The University of Tennessee College of Medicine designates this live activity for a maximum of 5 AMA PRA Category 1 Credit(s) $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### PAs, NPs, and Nurses

Physician assistants, nurse practitioners, and nurses may use these credit hours toward certification renewal. This credit is acceptable by American Academy of Physicians Assistants (AAPA), American Nurses Credentialing Center (ANCC), and American Academy of Nurse Practitioners (AANP).

#### PTs, OTs, and Chiropractors

General credit certificates are provided by UTCOM, as has been done at previous conferences.

#### RTRs

ASRT credit application in progress.

#### **ATs**

General credits and certificates are available from our CME provider, UTCOM.

# Symposium Schedule with Topics & Presenters

#### Saturday, April 29, 2023

Embassy Suites Hotel & Conference Center, 4705 Clydesdale Parkway, Loveland, CO

#### 7:00 a.m. to 8:00 a.m.

#### Check-in & Breakfast

#### 8:00 a.m. to 10:00 a.m.

#### General Session Part 1

#### Welcome

#### Bee's Knees

Rocci Trumper, MD Orthopaedic Surgeon, Sports Medicine - Knee Surgery

#### Prosthetic Joint Infection

C. Dana Clark, MD

Orthopaedic Surgeon, Hip-Knee Replacement

#### Cervical Disc Replacement vs. Fusion

Matt Gerlach, MD

Orthopaedic Surgeon, Adult & Adolescent Spine Surgery

#### Distal Radius Fractures: What you Need to Know

Bret C. Peterson, MD

Orthopaedic Surgeon, Hand-Upper Extremity

#### 10:00 a.m. to 10:30 a.m.

#### **Morning Break**

#### 10:30 a.m. to 12:30 p.m.

#### General Session Part 2

#### Return to Learn Following Concussion

Katie Scott, PhD

Neuropsychology Specializing in Concussion

#### Approaches of the Total Hip Replacement

Gavin Bishop, MD

Orthopaedic Surgeon, Joint Replacement & Sports Medicine

#### The Diabetic Foot

Nathan Hunt, DPM

Podiatry Medicine & Surgery and Diabetic Foot & Wound

Care

## Symposium Schedule continued

#### The Rotator Cuff: What Could go Wrong

Nirav Shah, MD

Orthopaedic Surgeon, Sports Medicine & Joint Replacement Surgery

#### 12:30 p.m. to 1:30 p.m.

#### Lunch

#### 1:30 p.m. to 2:30 p.m.

#### Afternoon Session

#### **Breakout Sessions\***

\*The breakouts will be 30 minutes long, and repeated, allowing guests to attend two.

#### Precision is Everything, Hands-on Total Joint

Rilev Hale, MD

Orthopaedic Surgeon, Hip Replacement, Trauma-Fractures

#### **Fact and Fiction on Cortisone Injections**

Niki Vischer, MD

Sports Medicine Physician

#### **Comprehensive Shoulder Evaluations**

Christopher Stockburger, MD

Orthopaedic Surgeon - Hand, Elbow, and Shoulder

#### **Hands-On Sugar Tong Splinting**

**Aaron Jones** 

Orthopaedic Technician

#### 2:30 p.m.

#### **Symposium Concludes**

#### Certificate and Credit Process

CME and general certificates of attendance will be available from the University of Tennessee College of Medicine following the conference.

If you need credits for the conference from UTCOM, you will verify your name, credential, and email address at check-in the day of the event. This will be done at the credits table.

UTCOM will email you after the conference, regarding conference evaluation and certificate. Your certificate will be available online.

# Conference Presenters

#### Rocci Trumper, MD

#### Orthopaedic Surgeon, Sports Medicine - Knee Surgery

Dr. Rocci Trumper specializes in operative sports medicine and disorders of the knee (including knee replacement). Dr. Trumper earned his medical degree at the University of South Dakota. He completed his residency at State University of New York, Syracuse, and his sports medicine fellowship at Methodist Sports Medicine Center, Indianapolis. He is one of OCR's team physicians for Colorado State University. He has been a member of OCR since 1995.

#### C. Dana Clark, MD

#### Orthopaedic Surgeon, Hip-Knee Replacements

Dr. Dana Clark specializes in joint replacement surgery (anterior hip and knee). Dr. Clark joined OCR in 2009. He earned his medical degree at the University of New Mexico. Dr. Clark completed his residency at the University of South Carolina/Greenville Hospital System, and fellowship in joint replacement at the University of Utah.

#### Matthew Gerlach, MD

#### Orthopaedic Surgeon, Adult & Adolescent Spine Surgery

Dr. Gerlach is a trusted and experienced spine surgeon with expertise in all aspects of spine surgery. Dr. Gerlach earned his medical degree at the University of Minnesota. He completed his residency at the Medical College of Wisconsin. Following his fellowship he completed a fellowship at the Rocky Mountain Spine Clinic in Lone Tree, Colorado where he obtained extensive orthopedic and neurosurgical training in both minimally invasive and traditional surgical techniques. He specializes in the treatment of spinal deformity, degenerative, and traumatic conditions affecting the cervical, thoracic, and lumbar spine in adult and adolescent patients. Dr. Gerlach is Board Certified with the American Board of Orthopaedic Surgery and commonly treats patients with sciatica, stenosis, herniated discs, scoliosis, spondylolisthesis, degenerative disc disease, and spinal fractures.

#### Bret Peterson, MD

#### Orthopaedic Surgeon, Hand and Upper Extremity

Dr. Bret Peterson specializes in surgery of the hand and upper extremity. He earned his medical degree from the University of Colorado. Dr. Peterson completed his residency at Duke University and hand-upper extremity fellowship at the University of Washington. He joined OCR in 2013. He is a native of Fort Collins and graduate of Rocky Mountain High School.

#### Katie Scott, PhD

#### Neuropsychology Specializing in Concussion

Dr. Katie Scott is a clinical neuropsychologist specializing in concussion. Dr. Scott graduated summa cum laude from the Honors College at Michigan State University, where she earned her Bachelor's degree in Psychology. She went on to receive her Master's degree and PhD in Counseling Psychology at Colorado State University. This included a one-year pre-doctoral internship at the Denver VA, providing her the opportunity to serve our country's veterans. She completed her post-doctoral fellowship in clinical neuropsychology at Mary Free Bed Rehabilitation Hospital in Grand Rapids, Michigan. She has extensive clinical experience, including practice at Spectrum Health Medical Group and the University of Michigan, where she assessed and treated patients with a wide variety of neurologic conditions.

#### Gavin Bishop, MD

#### Orthopaedic Surgeon, Joint Replacement & Sports Medicine

Dr. Gavin Bishop is a Board-Certified Orthopaedic Surgeon and Sports Medicine & Joint Specialist. Dr. Bishop graduated from the University of California San Diego where he earned his Bachelor of Science degree in Biomedical Engineering and was an Academic All-American in Swimming. He went on to receive his Doctorate of Medicine from The George Washington University School of Medicine in Washington, DC, completed his Orthopedic Surgery Residency at Boston University School of Medicine in 2005, and conducted his Fellowship Training in Sports Medicine at New England Baptist Hospital, Boston, MA. Dr. Bishop has been a Board-Certified Orthopaedic Surgeon and Sports Medicine Specialist at the University of Colorado Health in Longmont for the last seven years.

#### Nathan Hunt, DPM

#### Podiatry Medicine & Surgery and Diabetic Foot & Wound Care

Dr. Nathan Hunt is a Board-Certified Podiatrist who specializes in Podiatry Medicine & Surgery and Diabetic Foot & Wound Care. He received his medical degree at the Scholl College of Podiatry at Rosalind Franklin University. His completed his residency at Loyola University Medical Center and his fellowship at Scott & White Hospital at the Texas A&M Medical School. He often takes care of patients who have complications related to their diabetes, such as diabetic foot and wound care problems and has experience with foot and ankle conditions as well. Dr. Hunt performs non-invasive vascular tests (skin perfusion pressure and pulse volume recording) for patients during their appointments. He is enthusiastic about helping people of all ages regain their health and ability to walk and engage in their favorite sports or recreational pursuits.

#### Conference Presenters continued

#### Nirav Shah, MD

#### Orthopaedic Surgeon, Sports Medicine & Joint Replacement Surgery

Dr. Nirav Shah attended Medical School at Washington University School of Medicine in St. Louis, Missouri, and received his medical degree in 2005. Dr. Shah went on to complete a residency in Orthopedic Surgery at the Washington School of Medicine and then completed a fellowship in Sports Medicine and Reconstructive Surgery at the Southern California Orthopedic Institute. Dr. Shah is Board Certified through the American Board of Orthopaedic Surgery.

#### Riley Hale, MD

#### Orthopaedic Surgeon, Hip Replacement and Trauma-Fractures

Dr. Riley Hale specializes in anterior hip replacement and trauma-fracture surgery. He joined OCR in 2016 after five years of practice with a health system in northern Colorado. Dr. Hale completed medical school at the University of Nevada, his residency at the Mayo Clinic, and a fellowship in orthopaedic trauma at Florida Orthopaedic Institute-Tampa General Hospital.

#### Niki Vischer, MD

#### Sports Medicine Physician

Dr. Niki Vischer, specializes in sports medicine and non-surgical orthopaedics. She received her medical degree from the University of Wisconsin-Madison Medical School. Dr. Vischer obtained her Internship and residence in family practice at the Scottsdale Memorial Family Practice in Scottsdale, Arizona. She then completed her Fellowship at Hennepin County Medical Center. After living in Scottsdale, Arizona and Minneapolis, Minnesota she decided to settle down in Fort Collins in 1996.

#### Christopher Stockburger, MD

#### Orthopaedic Surgeon - Hand, Elbow, and Shoulder

Dr. Chris Stockburger is an orthopaedic surgeon specializing in hand, elbow, and shoulder surgery. Dr. Stockburger completed orthopaedic surgery residency at Washington University in St. Louis, Missouri, and his orthopaedic fellowship training in hand and upper extremity surgery at the University of Utah Department of Orthopedics in Salt Lake City, Utah. The focus of Dr. Stockburger's practice is surgery for injuries and disorders of the hand, wrist, fingers, arm, elbow, and shoulder. His practice includes a variety of conditions including complex trauma, microvascular surgery, thumb arthritis, tendon repair, nerve procedures, rotator cuff repair, elbow reconstruction, shoulder arthroplasty, fractures, ganglion and mass removal, trigger fingers, carpal tunnel, and a variety of other procedures.

#### **Aaron Jones**

#### **DME Manager**

Aaron Jones joined OCR in 2015 serving as the Athletic Trainer for the Colorado Eagles from 2015-2019. He later moved into a clinic role as a DME Fitter providing basic and custom splint-bracing services. Aaron also leads casting/splinting workshops for Family Medicine Residents at UCHealth and the University of Wyoming. Currently, he is the DME Manager overseeing the DME Program and Cast Room at OCR-North.

#### Additional Information & Questions

Orthopaedic & Spine Center of the Rockies (970) 419-7140 ctaylordrake@orthohealth.com www.orthohealth.com

#### Share with Others

Please share with a colleague if we did not reach all the physicians or practitioners in your office. Thank you!

#### **Hotel Room Reservations**

Embassy Suite has a group rate, as hotel space allows, for reservations made before March 30. For reservations visit: https://rb.gy/ko53sv, use Group Code: M99, or call 1-800-362-2779.

#### Orthopaedic & Spine Center of the Rockies —

An independent, privately-owned practice serving the residents of CO, WY, and NE since 1969 with six medical campuses and over 45 specialists. Locations in Fort Collins, Loveland, Greeley, Longmont, Lafayette and Westminster, Colorado.



# Registration

#### PLEASE REGISTER BY APRIL 21

#### **Register Online:**

Go to orthohealth.com/symposium, and pay by credit card.

#### Register by Mail:

Complete the form and mail with your check to: Symposium Orthopaedic & Spine Center of the Rockies 2500 E. Prospect Road Fort Collins, CO 80525

#### **Payment Information**

- Registration is \$50/person.
- Registration is \$40/person for groups of 5 or more from same office/health system.
- If paying by check, make payable to "OCR," include with your form, and mail to address above.
- Your payment covers your credits, course materials, breakfast, refreshments, and lunch.
- Thank you! Your payment will help defray part of the cost of the conference.

#### Cancellations

If you need to cancel, please contact OCR at (970) 419-7140 or ctaylordrake@orthohealth.com (Carli Taylor-Drake) by 5 p.m., Friday, April 21. Your course fee will be refunded.

Please note that in certain circumstances, such as weather, OCR may have to cancel the symposium, in which case your fee will be refunded.

## 2023

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# ORTHOPAEDICS SYMPOSIUM

#### **REGISTRATION**

ONLINE: Pay by credit card for individuals or groups:

#### Go to orthohealth.com/symposium

Note: The email you provide for your registration will be used post-conference to send you the evaluation and credit information. Your email must be unique to you, not a shared email.

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ORTHOPAEDIC & SPINE CENTER OF THE ROCKIES 2500 E. Prospect Rd / Fort Collins, CO 80525

# **RESERVE YOUR SEAT!**

ORTHOPAEDICS SYMPOSIUM

Saturday, April 29, 2023

Embassy Suites
Loveland, CO

The University of Tennessee College of Medicine designates this live activity for a maximum of 5 AMA PRA Category 1  $Credit(s)^m$ .